

Seigler's MMA  
Teen / Adult Class Schedule  
**Begins October 6, 2008**

706-855-5685 | 4471 Columbia Road | Suite A3 | Martinez, GA 30907 | [www.augustamma.com](http://www.augustamma.com)

**Monday (A) / Wednesday (B)**

**NEW FACILITY**

8:30 PM – 9:15 PM Ultimate MMA

**MAIN FACILITY**

8:00 PM – 8:45 PM Basic MMA

**Tuesday (A) / Thursday (B)**

**NEW FACILITY**

6:00 PM – 6:45 PM Basic MMA  
6:45 PM – 7:30 PM Ultimate MMA

**Saturday**

**NEW FACILITY**

10:30 AM – 11:15 AM Ultimate MMA Sparring / Grappling